

Gurdjieff Movements

WEEKEND
WORKSHOP



July 5, 6, 7 • 2013

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Schedule:

Friday • 7–9 pm

Saturday / Sunday • 9 am – 5 pm

Cost: \$230 / \$200 if paid by June 18

INTRODUCTORY
EVENING:

Friday, July 5

7–9 pm

Cost: \$10–15
sliding scale

Solstice Center • 302 Pearl Street • Boulder, CO 80302

Instructors: **Vasanti** and **David Cacula**, with piano accompaniment by **Kristina Koromzay**.

This workshop will provide an introduction to the body-centered meditation practice known as Gurdjieff Movements.

The workshop will give participants an opportunity to learn several Movements under the guidance of two well qualified teachers. The workshop will also include complementary exercises.

A series of weekly classes will be offered, to begin shortly after the workshop, that will build upon the material presented in the introductory workshop.

To Register or for More Info • www.tadhanna.com/workshop/
Email: tad@tadhanna.com or call Tad at 303-507-5809



Workshop Leader: **Vasanti**

Vasanti has been teaching the Gurdjieff Movements for over 23 years and has taught in Italy, India, Switzerland, Germany, France, Russia, Poland, and Greece.

She has been involved in the teaching of the Movements with various teachers of the Gurdjieff-Bennett lineage. She has worked in the School for Centering and Zen Martial Arts, and is trained in Tai Chi, Chi Kung, Tui Shuo, and Centering techniques.

She now lives in Corfu, Greece.

The workshop will be co-led by **David Cacula**



David Cacula has taught Movements for over fifteen years. He was a residential student at Claymont School for Continuous Education, a Fourth Way school founded by J.G. Bennett. David began Movements practice under the

guidance of Vivien and Pierre Elliot, both of whom were directly taught by Mr. Gurdjieff.

